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Ash Avery Debut Album “Walk the Earth in Harmony”

A shamanic adventure from The Amazon to Africa.

Ash Avery’s debut album Walk the Earth in Harmony is the culmination of a 7 year adventure through countries, traditions and dimensions. A truly original blend of influences, the album draws on reggae, blues and folk interwoven with the shamanic tradition of medicine songs unique to the Peruvian Amazon where the British born artist currently lives and works.

In 2009 a surf trip to the desert coast of Peru lead 21 year old Ash Avery to discover the shamanic traditions of the countries indigenous cultures. He began to apprentice with the ways of San Pedro (Wachuma) cactus and then followed the trail inland to study with the world renowned Shamans of the Amazon Jungle.

These Maestro Shaman initiated Ash into the ways of deep communion with plant spirit medicine where unique songs called Icaro’s are used for healing. Shaman intuitively receive these songs directly from practices of deep meditation and intense study with certain teacher plants. In this way Ash began developing his own healing practice and personal style of medicine music.

During these years Ash developed a unique musical style working both ceremonially at the Shamanic healing centre he

has since built and in collaboration with artists and healers from the across the globe.

Guided by dreams, visions and the spirit of adventure, in 2015 the Walk the Earth in Harmony project was born. A trip to South Africa recorded the community based event from which the music videos Walk the Earth in Harmony and Mamma Africa were created.

From the desert coast of Peru to the Amazon Jungle and the shanty towns of Capetown this album is a heartfelt cry for unity with nature, spirit and all of humanity. A true example of music as medicine rooted in ancient tradition yet utterly contemporary in style.

Ash Avery's debut album Walk the Earth in Harmony will be released on iTunes in August 2016.

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